

Celebrating "World Mental Health Day" @ AUT University

**"Who we are and where we stand
Ko Papatūānuku tōku tūrangawaewae"**

AUT University School of Public Health and Psychosocial Studies

invites you to a

Wine and Cheese Evening and Presentations in Support of Mental Health Awareness Week and World Mental Health Day

You'll have the opportunity to hear from experts on topical issues surrounding Mental Health in New Zealand including research and developments relating to Mental Health and Psychotherapy programmes offered by the University.

- When:** Wednesday, 10 October
5.00pm arrival for 5.30pm start, concluding by 7.30pm
- Where:** AUT University, Conference Room, Level 2, A Block, City Campus, 55 Wellesley Street, Auckland City.
- Programme:**
- 5.00pm Registration and Networking
 - 5.30pm *Welcome* from Derek McCormack, Vice-Chancellor, AUT University.
 - 5.35pm Professor Max Abbott, Pro Vice-Chancellor (North Shore), Dean, Faculty of Health and Environmental Sciences.
Topic: *"World Mental Health Day"*.
 - 5.45pm Keynote Speaker: **Dr Hugh Clarkson, Consultant Child Psychiatrist, Counties Manukau DHB**, Community Child and Adolescent Mental Health Service
Topic: *"The State of Child Mental Health in New Zealand Today"*
 - 6.05pm *Break*
 - 6.20pm Associate Professor Stephen Appel & Josie Golding, Programme Leader
Topic: *"Talking About Talking Therapies"*
 - 6.30pm Applied Mental Health Team, AUT University.
 - 6.40pm Daniel Sutton, Snr Lecturer, Rehabilitation & Occupation Studies.
Topic: *"The lived experience of occupational performance during recovery from mental illness"*.
 - 6.50pm Leon Tan, Lecturer, On-Line Counselling & Psychotherapy.
Topic: *"What can the internet offer to a world where the burden of mental illness outstrips that of all cancers put together?"*
 - 7:00pm *Close:* Dr Peter Greener, Head of School of Public Health & Psychosocial Studies
 - 7:10 – 7:30pm Drinks and nibbles.

Numbers are limited so please RSVP by 3 October,
to: Susan Ryan, e-mail: susan.ryan@aut.ac.nz or phone 09 921 9466.