



An exhibition by Nick Konings

the [transformative] mirror
the [transformative] mirror

← 1ST PAUL ST Gallery 3 | 39 Symonds Street, Auckland

Saturday 4th | December 2010, 5:30pm

AUT
AUCKLAND UNIVERSITY OF TECHNOLOGY

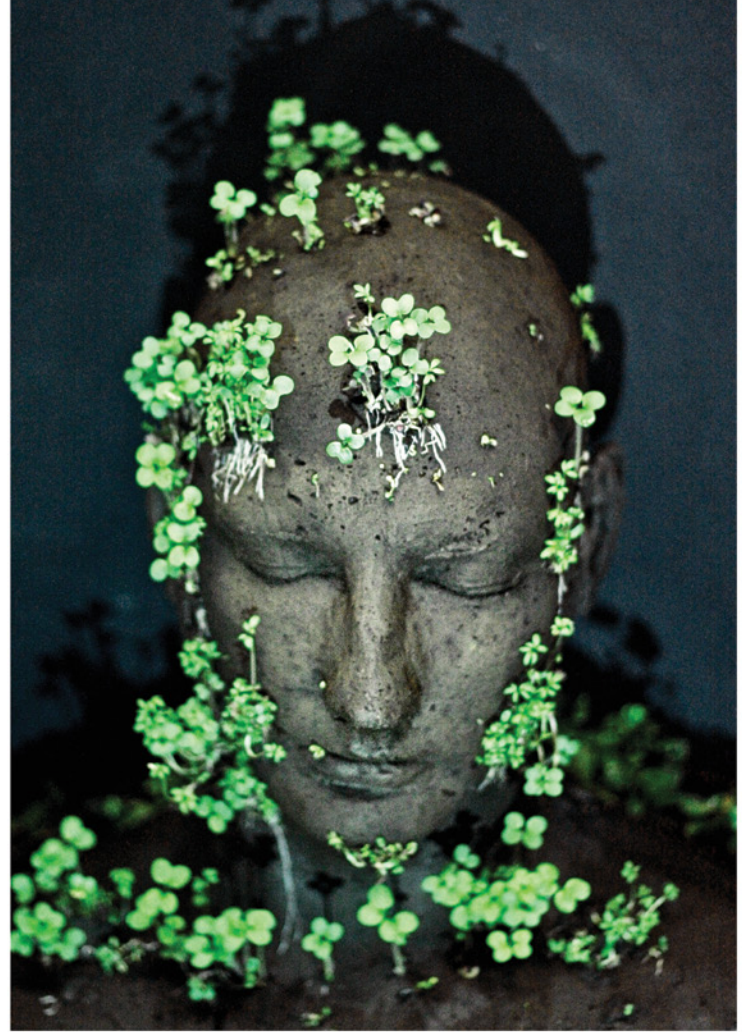
← 1ST PAUL ST

the transformative mirror: documentation of the practical component of the thesis



GALLERY THREE

the transformative mirror: contemplating the self as an emergent being through active reflection





**The transformative mirror:
Contemplating the self as
an emergent being through
active reflection**

Abstract

This project is framed as an active meditation on the process of **self transformation**. This process has been developed through a personal investigation into the contrasting concepts of the self as a 'reflected' and 'emergent' being.

The *reflected self* is conceptualised as being constructed through the reflected gaze of others. The metaphor of the mirror acts as a structural device to develop an interactive installation which encourages users to actively engage with this idea.

The *emergent self* is conceptualised as emerging from a constantly transforming interplay of forces external and internal to an impermanent body. The metaphor of the garden is used to develop this idea and to design the avatars in the installation.

Transformation of a biodegradable self-portrait acting as a host to cycles of garden life was recorded and used as a conceptual study for the design of the interactive environments.

The exhibition is designed to encourage audiences to engage in a process of active reflection. It is divided into three main parts and is staged in a sequence representing a narrative of my own journey of reflection and transformation. Maps are supplied to aid navigation of the narrative.



themap

The exhibition is designed to encourage visitors to engage in a process of **active reflection**. It is divided into three parts and is designed to encourage a **continuous** understanding of the **importance of self-reflection and transformation**. This map is designed to help you navigate the exhibition.

YOU ARE HERE
A short introduction to the exhibition is available here.

A series of **video tours** are available to help you navigate the exhibition. They are designed to provide you with a **personalized** experience to ensure a **smooth** journey.

AREA 1: Introduction / This is a short introduction to the exhibition. It is designed to provide you with a **personalized** experience to ensure a **smooth** journey.

AREA 2: Interactive exhibits / This area contains a series of **interactive exhibits** designed to provide you with a **personalized** experience to ensure a **smooth** journey.

AREA 3: Reflection and transformation / This area is designed to encourage you to engage in a **process of active reflection** and **transformation**.

AREA 4: Conclusion / This area provides a **summary** of the exhibition and offers **resources** for further exploration.











the[transformative]mirror

contemplating the self as an emergent being through active reflection







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AREA 2 | Blue Room

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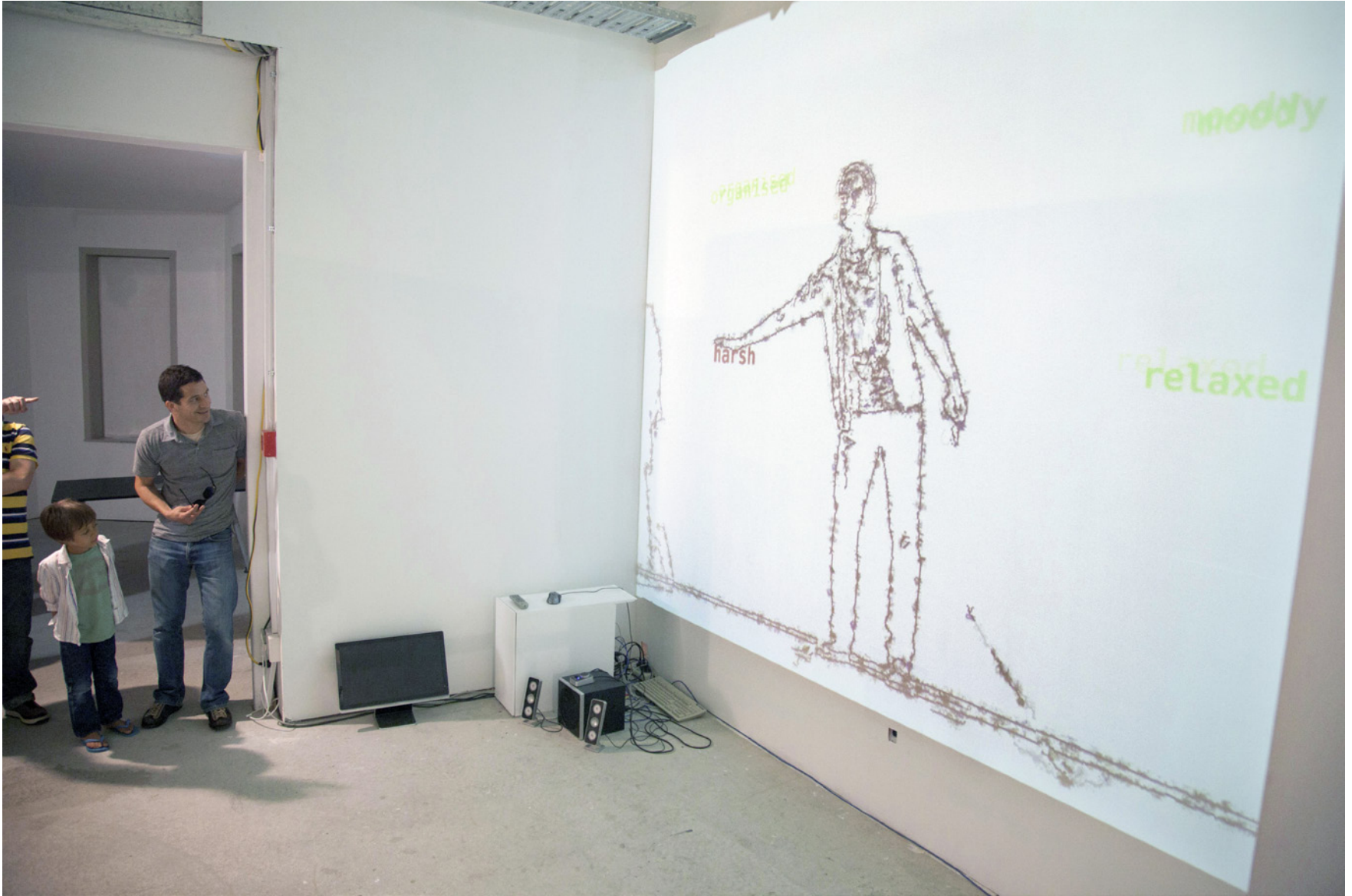


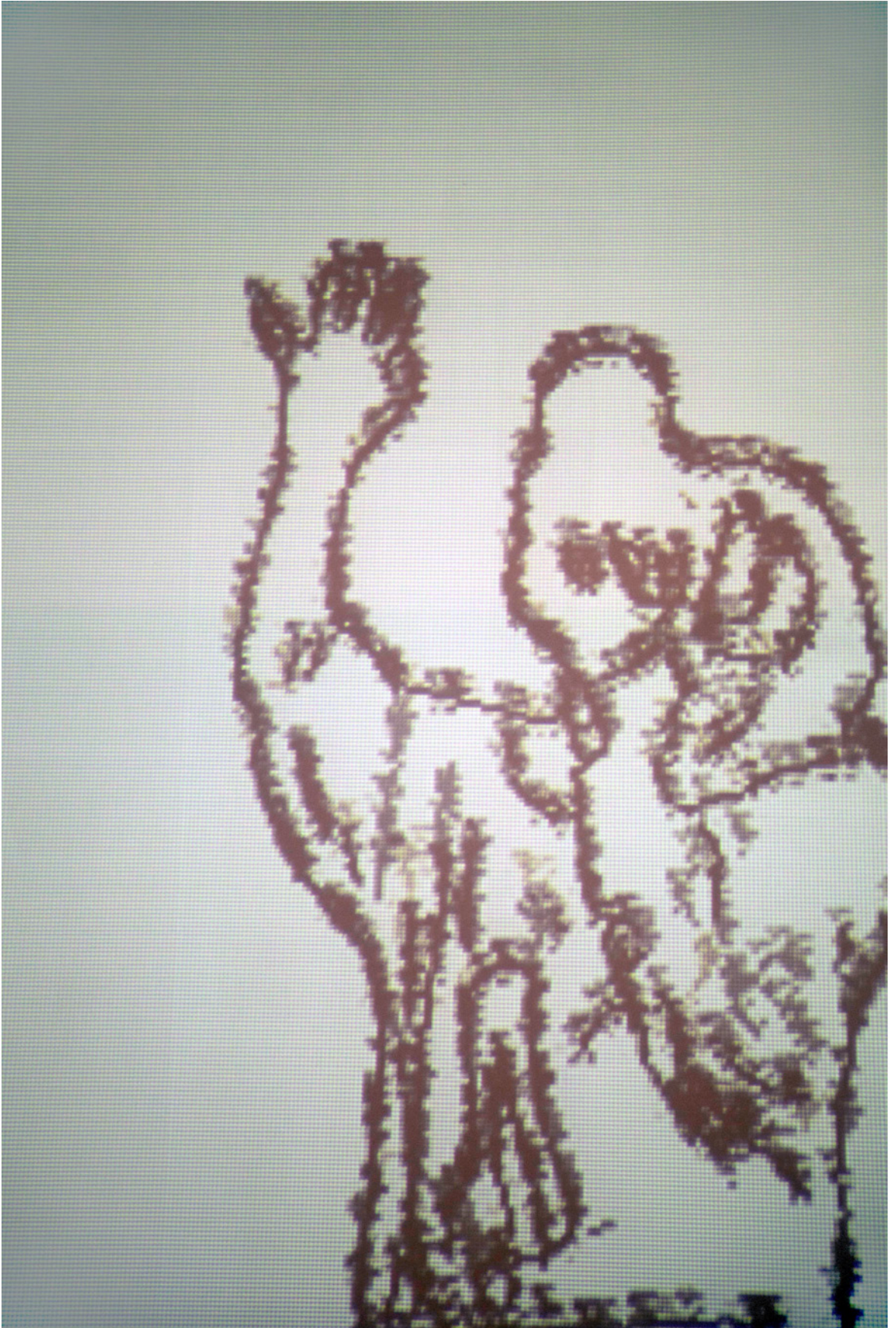










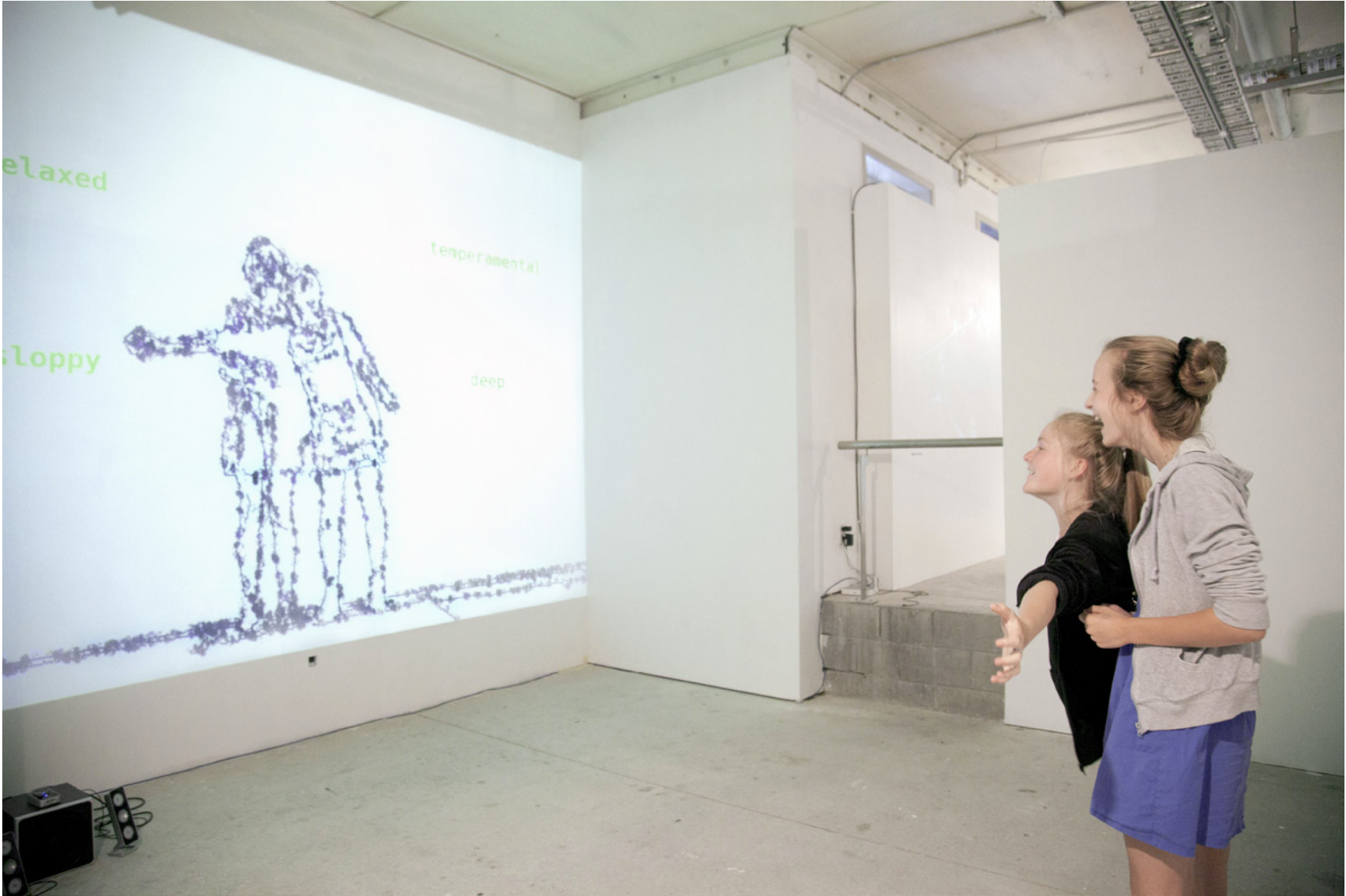














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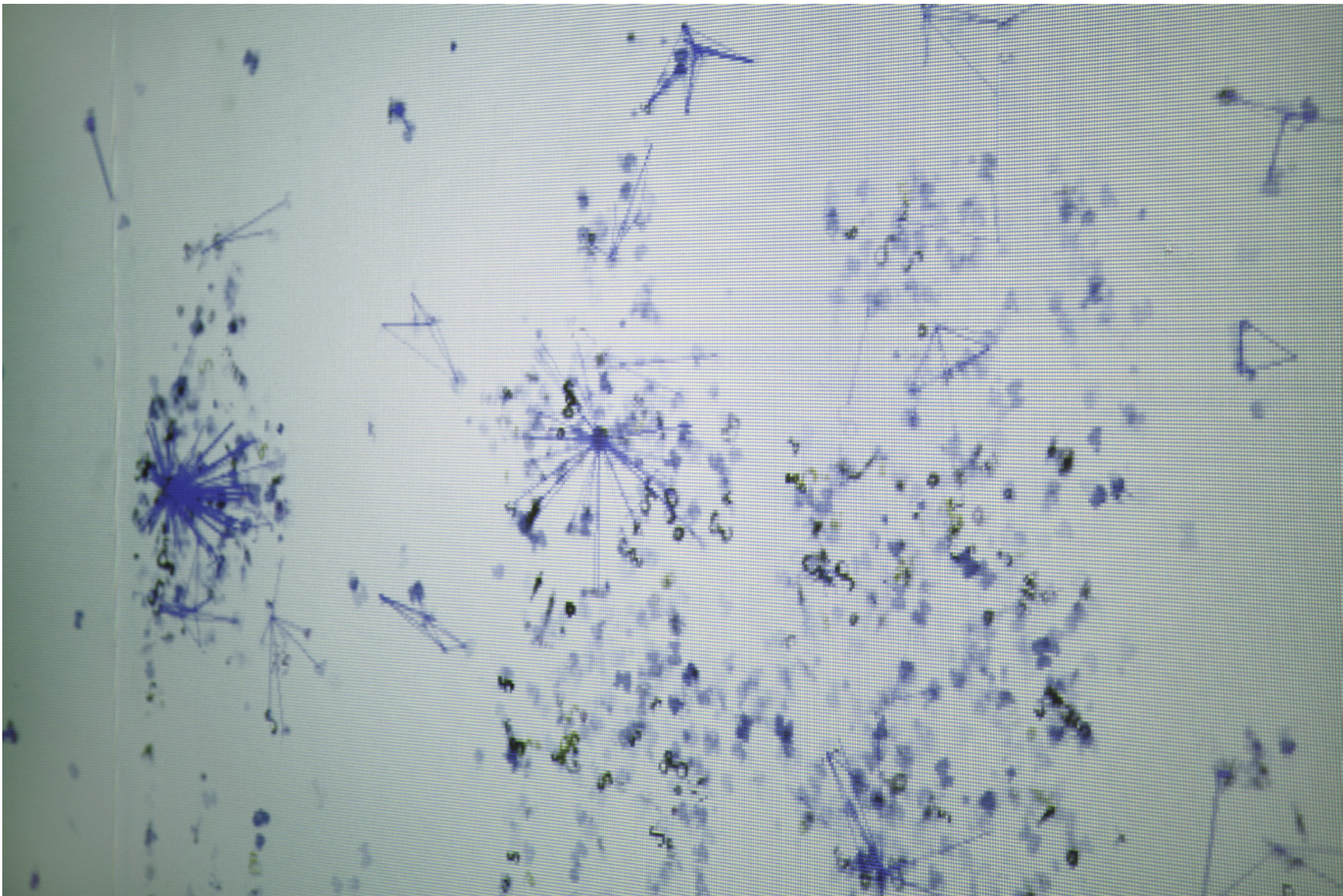
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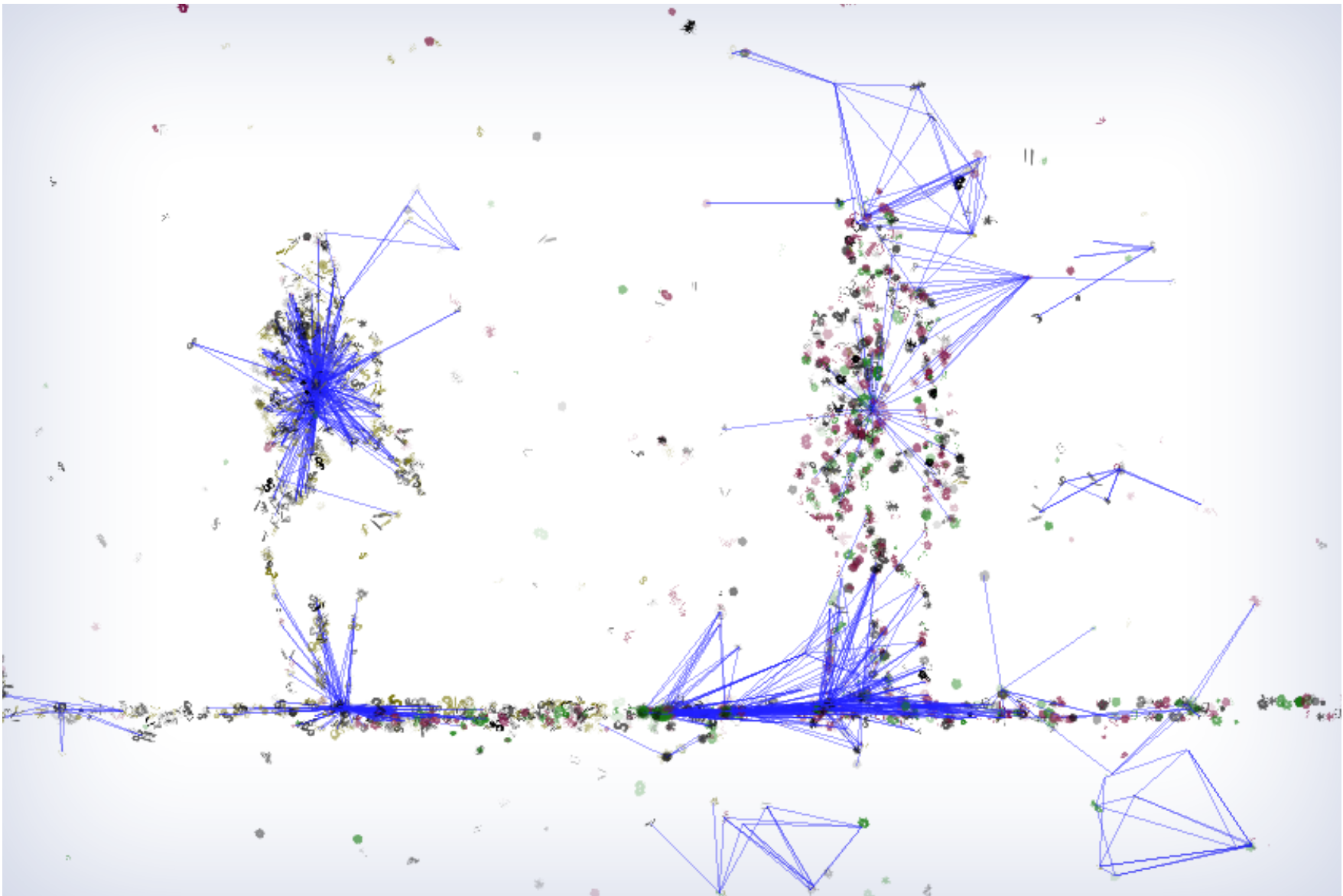


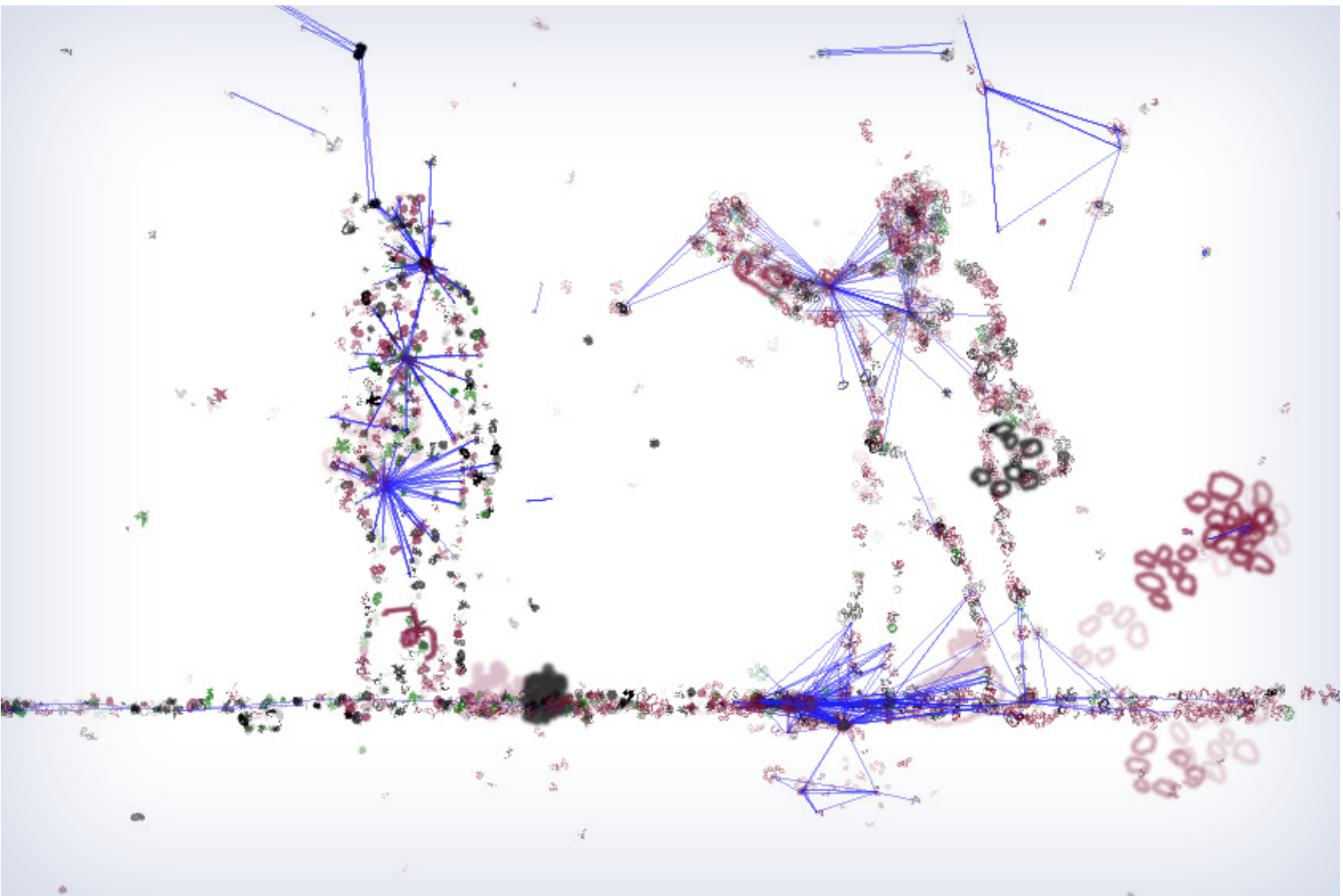




















AREA 3A | master build room

