

# PHARMAC

Pharmaceutical Management Agency

Community Exceptional Circumstances  
Panel Co-ordinator  
PHARMAC  
PO Box 10-254  
Wellington 6143  
Phone (04) 916 7553  
Fax (09) 523 6870 (redirects to Wgtn)  
Email [ecpanel@pharmac.govt.nz](mailto:ecpanel@pharmac.govt.nz)

30th June 2010

Dear Dr ]

NHI:

Patient:

D.O.B.:

Medication: **n-acetyl cysteine**

The Exceptional Circumstances Panel has examined your application for the above named patient for supplies of n-acetyl cysteine. The conclusion they have reached based on the information presented is that this patient's circumstances do not meet the criteria for Community Exceptional Circumstances.

Community Exceptional Circumstances funding is available in those situations where either

1. The disease/condition is rare, or
2. The response to treatment is unusual, or
3. Some other unusual combination of clinical circumstances.

It appears that none of these situations apply. This patient's condition is not rare, and the response to alternative treatments is not unusual. (Where rare and unusual are understood to be single figures nationally). The clinical circumstances described are not sufficiently unusual for it to be appropriate to fund this patient.

If you have any additional information which would demonstrate that the above criteria are met please provide it in writing for the Panel to review. If you have any concerns about the process please contact me at the above address.

Yours sincerely



p.p. Jayne Watkins

Signed on behalf of:

Exceptional Circumstances Panel

*Investing in Health*

**PHARMAC**  
Pharmaceutical Management Agency

New Zealand Government

# Application Form for Community Exceptional Circumstances Approval

Return completed form to:

Exceptional Circumstances  
Panel Co-ordinator  
PHARMAC  
PO Box 10-254, Wellington

Phone: 04-916-7553  
Facsimile: 09-523-6870  
Email: [ecpanel@pharmac.govt.nz](mailto:ecpanel@pharmac.govt.nz)

Please refer to information sheet if necessary. Complete ALL relevant details. Please type or print CLEARLY.  
For a *renewal* complete this page and sections 7 and 8 only

**Patient**

Last Name:
First Name:
Address:
Gender: Male <input type="radio"/> Female <input checked="" type="radio"/>
Date of Birth:
NHI No:

**Details of Applying Practitioner**

Last Name:
First Name:
Address:
Phone:
Facsimile: NZMC#:
Email:
Are you a GP <input checked="" type="checkbox"/> or Specialist <input type="checkbox"/> ?

**Disease/Condition**  
\*attach further information if appropriate, a clinical report is useful, be specific

Interstitial lung disease
Left pneumoconiosis induced pneumonitis

**Medicine/treatment sought:**  
Complete fully, attach additional information as necessary to cover all strengths required.

Brand Name:
Chemical Name: N-Acetyl Cysteine
Manufacturer:
Form and Strength: 600mg
Dosage to be used: tds
Dosage regimen: (where applicable)
Extemporaneously compound?: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> (If Yes, attach a full list of ingredients)

Note that if this is not completed an approval cannot be issued

**Nominated Pharmacy** (if approval given from where will supplies be obtained? This will generally NOT be a hospital pharmacy.)

Name:
Address:
Phon:

or obtained cheaper by importing from Life Extension Pacific Ltd.

**1. ENTRY CRITERIA**

Complete the criteria to which this application applies.

- (a) Rare condition (rare is considered to be a prevalence of <10 nationally)

What is the prevalence (not incidence) of the condition in NZ?

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- (b) Reaction to alternative treatment unusual (unusual is considered to be <10 nationally)

List all treatments trialled, patient response to each treatment and how often this response to this treatment occurs in NZ. (Note that failure to respond to funded treatments is not generally exceptional. In order to obtain funding through Exceptional Circumstances the nature of the response would need to be considered exceptional).

Treatment	Response of this patient	Rarity (how often would you expect this to occur?)

- (c) Unusual combination of clinical circumstance applies

Describe the unusual combination of clinical circumstances and how often this combination occurs in NZ. (Note that end of spectrum treatments are not necessarily approved; patients must be clearly distinct):

Rare side effect of leflunomide  
 → pneumonitis

Combined with underlying (previously undiagnosed) interstitial lung disease possibly caused by previous use of methotrexate or caused by rheumatoid arthritis.

2. CLINICAL BENEFIT AND SUITABILITY

(a) attach evidence that it is a safe and efficacious treatment (e.g. full journal articles, not just references, conference proceedings or abstracts). Note that a higher degree of proof will be required for unregistered medications or registered medications for non-registered indications.

(b) Is the pharmaceutical registered for this indication in NZ? Yes  No

If not, has patient consent been obtained for this use as a non-registered medicine? Yes  No

(c) Attach specialist opinion (if available) or provide contact details of the specialist the patient has seen and who can be contacted by the EC Panel.

Name of specialist: \_\_\_\_\_

Address: \_\_\_\_\_

(Note: the Exceptional Circumstances Panel reserves the right to seek any appropriate opinion)

3. OTHER MEDICATIONS

Provide a full list of treatments for this condition that have been tried or considered.

Pharmaceutical	Unsuitable due to:
Prednisone 60mg daily	→ considerable
	side effects, not suitable
	for long term use at this
	dose & not adequate treatment
	for interstitial lung disease
	underlying this

Please list any other relevant medications that the patient is currently taking:

Prednisone, azathioprine  
Metoprolol, calcium, frusemide, calciferol

**4. OTHER ISSUES**

Is there any other relevant information that should be considered?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**5. ATTACHMENTS**

Please attach any additional information which may help the Panel in assessing this application, such as relevant clinic letters, supporting references, lab results, hospital admissions record/s, management plan, and any other information which may be relevant. Please list in the table below the information which you are attaching to this application:

Additional information which is attached to this application  
 (to be completed by applicant):

1.
2.
3.
4.
5.

(Please continue this list on an additional page if there is more information than the space provided here.)

**6. COST ESTIMATE**

(As this is an application for funding a cost estimate *must* be included. Failure to give a cost estimate may delay processing of the application. Note that applications in excess of \$15,000 for the duration of treatment may undergo a cost utility analysis and will require PHARMAC approval).

Cost per year (quoted by nominated pharmacy, based on dosage requested. Cost must be COST BRAND SOURCE without mark-ups or dispensing fees)	* \$412 for 100 tablets \$ 100 per month quoted by 1
Anticipated duration of requested treatment: <i>(Note that approval will generally be given for only 1 year, renewal would then have to be sought)</i>	3 months initially.

\* or by importing from Life Extension Pacific Ltd at charge of US\$14.00 for 60 tablets + \$7.50 postage = \$21.50 US

**7. RENEWAL (COMPLETE FOR RENEWALS ONLY)**

If this is an application for renewal please attach the following:

- 1. a full report including details of the patient's clinical progress, the continuing need for the medication and the short and long term future management of this patient.
- 2. append any relevant and recent specialist review.
- 3. append any relevant investigations eg laboratory tests, radiology.

**8. SIGNATURES**

Signature of Medical Practitioner: \_\_\_\_\_

Date of Request: 27/5/10

**9. PATIENT CONSENT**

Patient details

Last Name	
First Name	

**CONSENT BY PATIENT**

For the purposes of this application form I consent to:

information concerning my medical conditions being given to the Exceptional Circumstances Panel (and if required, to PHARMAC); and

the Exceptional Circumstances Panel seeking further information from medical care providers or seeking further medical opinion as may be necessary for the consideration of my application.

Signed: \_\_\_\_\_

27/5/10